

WELLNESS SALA

AWAKEN ALL THE SENSES AND IMMERSE YOURSELF IN TOTAL RELAXATION WITH OUR UNIQUE RANGE OF FACE AND BODY TREATMENTS.



SPA MENU

FACE.....60min

Re-vitalize with a facial treatment tailor-made to suit your skin. This consists of a gentle Enzyme or Glycolic peel to smooth the skin, Lymph Drainage massage to reduce areas of puffiness around the eyes and face and an energising mask to restore a healthy glow.

Classic Facial.....R240

Environmental.....R300

Anti-Aging.....R320

BODY

De-stress with a Deep Tissue body massage. This technique involves gentle stretching of the muscles and trigger point therapy to remove the build-up of waste products.

Break down chronic tension and stimulate blood circulation with a classic Swedish massage.

Swedish Back and Neck 30min.....R280

Swedish Full Body 60min.....R330

Deep Tissue Full Body 60min.....R380

Deep Tissue Full Body 90min.....R400

MANICURE.....R180

Grapefruit and Pomegranate crystals gently exfoliate the hands followed by nail and cuticle work, buffing and a pressure point massage to relieve congestion.

PEDICURE.....R220

This treatment delivers supreme hydration with a combination of milk and honey and consists of an exfoliation to remove dead skin cells, heel peel to treat dry and cracked heels, nail and cuticle work, buffing and pressure point massage to relieve congestion.

PRODUCT RANGE

SKINERGY

Manufactured in South Africa, Skinergy offers a range of skin care products that provide balance, protection, normalisation and strengthening of the skin through plant actives and peptides.



MILK SOLUTIONS

Combining traditional and non-traditional beauty ingredients, Milk Solutions has been developed to deliver effective, visible results that actively address a variety of hand, feet and nail concerns.



CURALOE

Manufactured in the Limpopo province of South Africa, Curaloe provides a wide range of skin-care, body care and nutritional products, from Aloe Barbadensis better known as Aloe Vera and is ORGANICALLY certified by ECOSERT SA, HACCP certified, HALAAL certified and KOSHER certified.



SPA ETIQUETTE

Please arrive 5 to 10 minutes before your appointment time in order to complete a consultation with your Therapist. A late arrival will result in a shorter treatment.

*Gift Vouchers are available upon request.